

North York Family Health Team

NYFHT Consultants

In the recent survey of NYFHT physicians, learning needs were identified in the areas of psychiatry, endocrinology, cardiology and respirology. Dr. Wintemute has begun to work with our consultants to plan lunch time sessions.



On September 28, 2015 from 12:00 to 1:00pm, Dr. Margittai will present *How Marijuana Affects the Body and Brain* at 240 Duncan Mill Road (7th Floor). If you would like Dr. Margittai to deliver this session (or any other) at your local office site, please email her at kjmargit@yahoo.ca. Dr. Margittai is committed to delivering sessions where they work best for team members.

This year, Dr. Margittai will also give a session on using the DSM-5. Sandra Sinclair, our Finance Manager, is currently exploring whether we can get a group savings by ordering many (electronic) copies of the DSM-5. More information on this is to come.

Our respirology consultant, Dr. Adam Hutchinson-Jaffe, will deliver two lunch time sessions, one on bronchiectasis and the other on pulmonary fibrosis. These will have a 45-minute agenda, with 20 minutes of didactic material and 25 minutes for questions and cases. Please contact Diana Addeo (daddeo@nyfht.com) if you wish to have one of these sessions at your site. With advanced notice, these can be done any weekday other than Friday.

Many people requested information on new puffers. Our pharmacists are able to help us learn about these. Please contact Eric Lui (elui@nyfht.com) or Rita Ha (rha@nyfht.com) if you need some teaching around new puffers.

Medical Laboratory Technician Seeking Employment in Family Medicine Office



Dr. Wintemute's office has recently provided a placement for a Medical Lab Tech student from a local college. This individual was excellent both technically and interpersonally. She did venipuncture, urine dips, ECGs, weights, heights, infant measurements, BPs, and loading patients. She was inspired to work in an office setting. If you are interested in hiring her, please contact Dr. Wintemute (kwintemute@nyfht.com).

Boosting Pertussis Immunity in Pregnancy

Some members of our team have reported cases of pertussis in their practices recently. Although not a current SOGC recommendation, vaccination of pregnant women in the third trimester is quickly becoming the standard of care in Toronto. I have summarized current recommendations from four sources, for your consideration:



Public Health Agency of Canada:

Although immunization of pregnant women with Tdap is not routinely recommended by NACI, it is recommended at or after 26 weeks of gestation for those who have not been immunized in adulthood. Additionally, based on recommendations from local public health officials, in circumstances such as an outbreak, all pregnant women at or after 26 weeks of gestation may be offered the Tdap irrespective of their immunization history. (Toronto Public Health tells us that there is no current outbreak.) (Source: Email Communication)

They also say: Immunization should not be delayed until close to delivery since this may provide insufficient time for optimal transfer of antibodies and direct protection of the infant against pertussis. (Source: http://publications.gc.ca/collections/collection_2014/aspc-phac/HP40-93-2014-eng.pdf)

SOGC:

"Though Tetanus & tetanus-diphtheria are safe for pregnant women, administration of the Tdap vaccine has not been studied well so the decision to administer Tdap should be made on a case by case basis depending on risk of getting pertussis."

(Source: <http://sogc.org/publications/immunization-before-and-during-pregnancy/>)

ACOG:

Recommends pregnant women receive Tdap vaccination during the second half of pregnancy.

(Source: <http://immunizationforwomen.org/providers/diseases-vaccines/tetanus-diphtheria-pertussis/faqs.php>)

Dog Days of Summer



Hope you had a great summer!

To learn more about the origins of the phrase *Dog Days of Summer*, click on the link below:

<http://news.nationalgeographic.com/2015/07/150710-dog-days-summer-sirius-star-astronomy-weather-language/>



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